



March 2<sup>nd</sup>, 2017

Re: BASEBALL MANITOBA CONCUSSION PROTOCOL

In the event that a Baseball Manitoba player is suspected to have sustained a concussion or experiences concussion-like symptoms, the following procedures must be followed:

- 1.) When a player is suspected of sustaining a serious head or spine injury during a baseball game or practice, an ambulance should be called immediately to transfer the patient to Children's Hospital Emergency Department or the nearest emergency room for further evaluation. If the player is diagnosed with a concussion, the patient can be referred to the Pan Am Concussion Program for follow-up care.
- 2.) If a player develops symptoms of a concussion during a baseball game or practice and the symptoms are deemed to be non-life threatening, the player should be evaluated immediately at the Children's Hospital Emergency Department or the nearest emergency room. If the player is diagnosed with a concussion, the patient can be referred to the Pan Am Concussion Program for follow-up care.
- 3.) If a player develops delayed concussion symptoms (several hours to several days later), the player should be seen by their pediatrician, family doctor or an emergency room doctor. If the player is diagnosed with a concussion, the patient can be referred to the Pan Am Concussion Program for follow-up care.

In the event that a Baseball Manitoba player experiences a suspected concussion, and a trained athletic therapist or medical doctor (M.D.) is present, the initial sideline concussion evaluation should be carried out using the current version of the Sport Concussion Assessment Tool (SCAT) to document initial neurological status. Regardless of SCAT testing results, all children and adolescents with a suspected concussion must be evaluated by a medical doctor (M.D.) and receive written medical clearance by a medical doctor (M.D.) prior to returning to competitive baseball game play.

If you have any other concerns or questions, please feel free to visit us at [www.baseballmanitoba.ca](http://www.baseballmanitoba.ca) or [www.panamclinic.org](http://www.panamclinic.org). Further contact information and instructions about how pediatricians, family doctors, and emergency room doctors can refer patients to the Pan Am Concussion Program is available on the Pan Am Clinic website.